

# Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville  
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



## Vision

*To be A Vibrant Eucharistic Community*

### Pastoral Team

#### Administrator

Rev Tomy Kuruvelil Ouseph CFIC  
Phone: 0408 632 015  
Email: [tomycfic@yahoo.co.in](mailto:tomycfic@yahoo.co.in)

#### Assistant Priest

Rev Baby Thomas CFIC  
Phone: 0400 568 491  
Email: [baby.thomas@bbcatholic.org.au](mailto:baby.thomas@bbcatholic.org.au)

#### Augustinian Sisters of Our Lady of Consolation—Convent

11 Pandora Pde Norville  
4396 9128

Sr. Josefa Mabini OSA  
Sr. Jennifer Canillas OSA

#### Parish Office Hours

9am to 2pm Mon To Fri  
Ph 4396 4455  
458 Main Rd Norville NSW  
Mail PO Box 1 Toukley NSW 2263

Email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au)

Website [www.bbcatholic.org.au/toukley](http://www.bbcatholic.org.au/toukley)  
Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Mrs Alicia Klein  
Office Assistant: Mrs Lorrie O'Brien

Catechist Coordinator  
To be advised

Sacramental Coordinator  
Mrs Lorrie O'Brien

Sunday Parish Bus Service  
Mrs Joan Haslam 4392 6892

#### Parish Schools

St Mary's  
Principal Mr Kevin Williams 4396 5100

St Brendan's  
Principal Mr Craig McNee  
4358 1501

St Brigid's College  
Principal Mr Adam Murdoch 4358 4278

Fourth Sunday in Ordinary Time, Year B  
**31st January 2021**



In today's Gospel we have a specific example of how Jesus spoke with great authority during His public life. Only a genuine person can speak with authority. At that time there were many teachers of the law: Scribes and Pharisees. But they could never speak with authority. Jesus could speak with authority because He had the approval of the heavenly Father and He was filled with the Holy Spirit. He was convinced of what He said, and He said what He believed in.

In the second part of today's Gospel, we have some examples of how Jesus exercised His authority. A person possessed with an evil spirit was brought to the Lord. Jesus commanded and the evil spirit left the person, and the possessed person was totally freed from the power of evil. Today we are living in a world where many people are possessed by various evils. They are the people who are haunted by fear, worries, anxieties, suicidal tendencies, various addictions and many other evil habits. Jesus' authority and power are necessary to heal them and us. Hence Jesus exercised His authority to liberate people and to heal them and to bring them closer to God. The prophecy of Moses finds its fulfillment in Jesus. He spoke with authority because He spoke the truth and He backed up His words with His deeds. Jesus did not use his authority and Divine power to rule and control people. He came to set people free. Hence, let us approach Jesus with trusting Faith so that He may free us from the evil spirits that keep us from praying and prevent us from loving and sharing our blessings with others, as well as from all the "evil spirits" of fear, compulsions, selfishness, anger, resentment and hostility. Fr Tomy

## WEEKEND MASS TIMES (100 People)

### St Mary's Church Toukley (100)

Saturday: Vigil 6:00pm

Sunday: 7:30am

9:00am

Children's Liturgy 1st & 3rd Sunday  
(except school holidays)

6:00pm

### St Brendan's Lake Munmorah (100)

Saturday: Vigil 5:00pm

Sunday: 8:00am

## WEEKDAY MASS TIMES

### St Mary's Church Toukley

Monday 9:00 am

Tuesday 9:00 am

Wednesday 9:00 am

Thursday 9:00 am (Ordinariate of Our Lady  
of the Southern Cross)

Friday 9:15am (Except 1st Friday of Month)

**First Friday of Month** Anointing of Sick

11:00am

Saturday 9:00 am

### St Brendan's Lake Munmorah

Wednesday 9:00am

**First Wednesday of Month** Anointing of Sick

9:00am

Thursday 9:00am

## EXPOSITION BLESSED SACRAMENT

### St Mary's Church Toukley

Each Saturday – After Morning Mass

## SACRAMENT OF RECONCILIATION

### St Mary's Toukley

Saturday 9:30am—10:00am

### St Brendan's Lake Munmorah

Saturday 4:30—5:00pm

## MORNING PRAYER OF THE CHURCH

### St Mary's Toukley

8:20 am Monday to Saturday

### First Friday Night Vigil

Exposition after 7pm Mass until 1.30am

## COVID-19 Restrictions – Places of Worship Diocese of Broken Bay

**Latest Update: 29 Jan 2021**

**Capacity:** Capacity at a place of public worship or at a religious gathering must not exceed 300 people (subject to the one person per 4 square metre rule). Children count towards the capacity limit.

**Please do not enter the Church if you feel unwell.**

**Masks:** mask wearing remains compulsory for places of worship (except for children aged 12 and under).

**Record Keeping:** Parishioners must sign in with their name and contact number (or email) when attending Church premises. The Parish office will hold the record for 28 days in a confidential and secure manner.

**Seating:** please sit only where marked, to maintain physical distancing requirements. Members of the same household may sit together. Seating signs are staggered to allow for physical distancing, so please adhere to these signs.

**Singing:** No congregational singing is allowed, Musicians & Choir only.

**Holy Communion:** Parishioners are requested to receive Holy Communion in the hand and adhere to 1.5m physical distancing while processing to Communion.

**No Gathering:** Parishioners must move away promptly from the Church after Mass has finished.

More details are available on the notice board.

## Request from the Parish Office regarding COVID Attendance Registers

We are now required to manually enter all paper Mass attendance registers into an electronic system for greater efficiency should there be a need for contact tracing. For this reason, please ensure you write your **full name** and contact phone number **clearly** on the attendance register. Alternatively you can use the QR code to sign in (using the Service NSW app or website form). Thank you.

## Thursday Weekday Mass 9am

Please note that the 9am Thursday Mass will be a normal Mass for the coming weeks as Fr Ken is away.

## Caritas Australia invites you

To be part of their Project Compassion Virtual Immersions via Zoom during each week of the Lenten season. These digital engagements will focus on prayer and reflection, Catholic Social Teaching and an interview and Q&A with Caritas International Program staff. Sessions will run Tuesdays and Thursdays for one hour across Australia. Please register at <http://lent.caritas.org.au/virtualimmersions>

We are also seeking a parish point of contact for Caritas initiatives and events. If you would like to take on this role, please contact the Parish Office.

**PROJECT COMPASSION**  
**BE MORE**



**THE GARAGE SERVICE CENTRE**  
at **BP Lake Munmorah**  
**4358 1302**  
ALL MECHANICAL & ELECTRICAL REPAIRS incl...  
Pink Slips • Wheel Balance & Alignment • Logbook Service • Brakes etc.  
335 Pacific Hwy Lake Munmorah 2259 ABN 38 1358 79515 MVRL 56148



**CHARMHAVEN**  
**CARPETS**  
AGN: 43 660 345 590  
**DOUG CASHIN**  
Unit 4, 11-13 Arizona Road, Charmhaven 2263  
Ph: (02) 4393 2443  
Email: [charmhaven@internode.on.net](mailto:charmhaven@internode.on.net)

## Prayer Notices

We try to regularly update our Recently Deceased, Anniversary, Remembrance, Sick, and Funeral Notices (on the right of this page). However we need your help to make sure the information is correct. When filling out a 'Mass Intention' envelope, please indicate clearly whether the intention is for a recently deceased person, sick, anniversary, or remembrance, and please ensure the writing is legible so that we can enter it into the Bulletin accurately. If we have missed a name, or someone on the Sick list is no longer sick, please let the Parish Office know so that we can update the list. Ph 4396 4455 or email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au). Thank you.

## Friday 5th February—First Friday of the Month

Morning Mass will be at 11am (not 9.15am)  
You are also warmly invited to 7pm Holy Mass in honour of the Sacred Heart, Exposition of the Blessed Sacrament, scriptural rosaries, Nine offices of the Hearts of Jesus and Mary  
11:30pm Reconciliation/confession  
12mn Holy Mass in honour of the Immaculate Heart of Mary  
Saturday office of readings in memorial of the Blessed Virgin Mary, 1:45am finish. No RSVPs needed, just come!

## Sunday of the Word of God – 7th February 2021

The Australian Bishops have determined that, in Australia, the Sunday of the Word of God will be celebrated on the first Sunday in February each year. In 2021, this falls on Sunday 7 February.

## Marriage Tribunal – Diocese of Broken Bay

The Marriage Tribunal in the Diocese of Broken Bay is a service of the Diocese to assist with the pastoral care of:

- divorced persons seeking to remarry in the Catholic Church;
- divorced and remarried persons seeking to have their marriage recognised in the Catholic Church;
- divorced persons seeking clarification of their standing in the Catholic Church for peace of conscience or for reassurance in developing relationships in the future.

## Marriage Tribunal Contact Details

Diocesan Director: Fr Julian Wellspring JV  
Administrative Assistant: Mrs Alda Mendezona  
Phone: 9307 8309 Email: [tribunal@bbcatholic.org.au](mailto:tribunal@bbcatholic.org.au)  
Postal address:  
Level 7, Polding Centre  
133 Liverpool Street  
Sydney NSW 2000

## January/February Birthdays

Fr Baby (26th Jan) - *Thank you to everyone who helped with morning tea after Mass to celebrate with Fr Baby*

Vivien Van der Kroft (20th Feb)

*Call the office to have your birthday included!*



*In your charity, please pray for those who have died and those who are sick.*



## Recently Deceased

Robert White, Anthony Van der Wakker, Allen Kemp, Maureen Byrne, Geoffrey Roddom, Emmanuel Martin, John Ledger

## Anniversaries

Dorothy Rush, Colin McIntyre, Crispin Vequiso

## Remembrances

Rose, Rowe & Foster Families, Manuel Galea, Francis Galea, Coster Family, Schembri Family, Tony Pace, Baker Family members, Joe Marlon, Stephen Cappa, Maurie Cohen, Lynn & Raphael Cohen, Mary & Jack Webb, Jack & Rita Webb, Carol Brown, Bruce Everingham, Sam Fraser, Renu & Joseph Debono, Angelo Caruana, Dennis, Ross, Wade, Mitchell Families, Valmai Joseph & Stark Family, Wynn Family, Scott Kay, Danny Kay, Moore & Langley Families, Bernard Yap, V DeSouza, V Baraez, Fred & Ann Stephens, Rosemary Jennifer Mulvany, Gerard De Zilva

## Please Pray for the Sick

Pam Formosa, Graham Moir, Glenn Brown, Meredith, Khoo Swee Goon, Lily Tan, Kevin Harvey, Diane Booth, Tincy Thomas, Deacon Paul Simmons, Bill Martin, Ray Crocker, Lorraine Dunn, Cheryl Kennedy, Zerafa family, George Gavranic, Ann Buckman, Josephine Poynting, Eloise Bell, Wendy Peterson, Adrian, Ken Chubb, Fiona Haslam, Teresa Wegrzyn, Ann Durnford, Steve Durnford, Maureen Mulheron, Koby Bourke, Monica Mason, Ariane Hampton, Fr Bill Aliprandi, Linda Read, Eleanor Matthews, Andrew Kelly, Paul Covington, Fiona Gill, Evan Shepherd, Kathleen Strong, Brian Davies, Michael Wiggan & Vanessa Miller, Sister Carmela Debbie Gibba, Miklos Beothy, Mr Baldovan, Hannah Tierney, Faye Lund, Julie Newey, Kathy Outlaw, Finn McConnon, Anne & Steve Durnford, Vaughn Haynes, Pam Moir (family), Lurlene Dehn, Adrian Collins

## Mackay Family Funerals

In Association with Mackay Family Crematorium  
A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258  
PO Box 89 Ourimbah NSW 2258.  
Phone: (02) 4362 2733 Fax: (02) 4362 2899



## Volunteer Angels

Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility

Please call Anne-Marie 4396 1555

The Community Visitors' Scheme

## First Reading

*Deuteronomy 18:15-20*

*I will put my words into the prophet's mouth, and he will tell them all I command.*

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

The word of the Lord.  
**Thanks be to God.**

## Responsorial Psalm

*Ps 94:1-2, 6-9*

**R. If today, you hear his voice,  
harden not your hearts.**

Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord. **R.**

Come in, let us kneel and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand. **R.**

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.' **R.**

## Second Reading

*1 Corinthians 7:32-35*

*The unmarried woman dedicates herself to the things  
of the Lord, that she might be holy.*

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married

woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

*Matthew 4:16*

*Alleluia, alleluia!  
A people in darkness have seen a great light:  
a radiant dawn shines on those lost in death.  
Alleluia!*

## Gospel

*Mark 1:21-28*

*This is a new kind of teaching that speaks with authority.*

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

Next Sunday - Fifth Sunday in Ordinary Time

First Reading - Job 7:1-4, 6-7

Second Reading - 1 Corinthians 9:16-19, 22-23

Gospel - Mark 1:29-39

### Pope Francis' Prayer Intention for January

#### **Human Fraternity**

May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

